

The Midwife.

UNIFORM FOR THE WET NURSE.

Dr. Julius H. Hess, of Chicago, writes in *The Modern Hospital*:—"To overcome the slovenly appearance of the wet nurse as she is usually seen wandering about the wards of an infants' hospital, the following described uniform has been devised:

"**MATERIAL.**—To distinguish the wet nurse from the nurses in general training and the infants' nurses, a light brown striped gingham is used in making the uniform.

"**UNIFORM.**—The uniform must be considered as consisting of three parts, the overdress or street dress, the undervest, and the chemise.

"The street dress has for its main features two large lapels, which are fastened from the shoulder and so arranged that they can be unfastened beneath the waistbelt and again at a point where they meet in the median line, and readily thrown over either shoulder, preparatory to nursing. After the nursing the lapel can again be brought down over the front of the waist, snapped in the median line, and under the belt, and the nurse is again ready to proceed with her usual duty.

"The undervest is shown with two circular flaps fastened by three eyelets, which can readily be released and the flaps thrown upward, or better, tucked up under the dress, as shown in figure 2. Some of the nurses prefer to run an elastic band of narrow rubber along the upper edge of their ordinary vest, making it



Fig. 1.—Dressed for street wear.



Fig. 2.—One lapel of dress raised over shoulder, one lapel of undervest raised, and breast exposed for nursing.

loose enough so that with a little tension the upper edge of the undervest can be pulled down beneath the breast which is to be nursed or expressed.

"The chemise is of the ordinary type, such as is worn by women, with a very slight elastic band sewed along the upper border from shoulder to shoulder, which allows the chemise to be drawn down beneath the breast, and is readily replaced after nursing. It has been our experience that most of the wet nurses can make their own uniforms, and take considerable pride in doing so, when a good pattern is furnished them. When this is not possible they can be made by the ordinary dressmaker."

MATERNITY HOSPITAL FOR CARDIFF.

The community is indebted to the munificence of some unnamed donors for a new maternity hospital to be established as an annexe of King Edward VII's Hospital at Cardiff. The new hospital, which will accommodate fifty beds, and which will be open in a very few months, will be an important addition to the medical charities of Cardiff and the area of which Cardiff is the centre, and it is destined not only to relieve suffering and reduce the loss of life incidental to maternity, but also to form an important unit in the group of medical and educational institutions which will, before many years have passed, form the National Medical School of Wales.

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